

Thérèse of Lisieux (2 January 1873 – 30 September 1897), or Saint Thérèse of the Child Jesus and the Holy Face, born *Marie-Françoise-Thérèse Martin*, was a French Carmelite nun. She is also known as "The Little Flower of Jesus".



Spiritual Legacy

At fourteen, Thérèse had understood her vocation to pray for priests, to be "an apostle to apostles." In September 1890, at her canonical examination before she professed her religious vows, she was asked why she had come to Carmel. She answered "I came to save souls, and especially to pray for priests." She wrote to her sister "Our mission as Carmelites is to form evangelical workers who will save thousands of souls whose mothers we shall be."

Thérèse was devoted to Eucharistic meditation and on February 26, 1895 shortly before she died wrote from memory and without a rough draft her poetic masterpiece "*To Live by Love*" which she composed during Eucharistic meditation. During her life, the poem was sent to various religious communities and was included in a notebook of her poems.

St. Thérèse of Lisieux Chapel **Our Lady of Mount Carmel Church**



PERPETUAL EUCHARISTIC ADORATION ADORER INFORMATION PACKET

St. Thérèse of Lisieux Chapel
698 Berkeley Way
Fairfield, CA 94533

Adorer Information Packet



Adorer's List Of Important Information

YOUR Day and Hour for Adoration: _____

Hour Coordinator / Phone No:

✓ _____ # _____

- ✓ Read carefully and keep in a handy location
- ✓ Refer to Adorer Information Packet before asking questions
- ✓ POST your "DAY" & "HOUR" for adoration
- ✓ POST "Important Telephone Numbers"
- ✓ Highlight "Security Information"
- ✓ Be mindful about making *personal* appointments before and after your committed hour! Allow ample time to and from your destinations!

Division Leaders / Phone No:

NIGHT: *Ray & Lyn Fortalezza* (707) 720-5166
MORNING: *Lynda Sutton* (707) 330-4858
Vivian Stewart (707) 426-4680
AFTERNOON: *Lucy Jaramillo* (707) 301-9484
Ten Topacio (707) 422-7366
EVENING: *Cereza M Cook* (707) 688-3148
Claire Malinao (707) 688-7697

Head Coordinators:

Anita Flueck (707) 427-1493
Gemma Gonzalo (707) 421-9521

Librarian:

Vivian Donahue (707) 422-0872

Other Adorers committed to the same hour on your day (name/phone number):

1 _____ 3 _____
2 _____ 4 _____

Other Adorers committed to the same hour during the week (name/day/phone number):

1 _____ 5 _____
2 _____ 6 _____
3 _____ 7 _____
4 _____ 8 _____

Emergency Procedures:

Finding A Substitute For Someone Who Does Not Show Up For Their Hour And Other Serious Emergencies



To All Adorers—Remain Faithful !

If you should have any problems **DURING YOUR HOUR** of adoration such as illness, or if the person that is to follow you in adoration does not show up, or if you sense something out of the ordinary going on, **PLEASE** use the phone provided for the chapel to call:

- If you become sick *during your hour* or need advice, call the **SUBSTITUTE** Coordinator. (ALL important telephone numbers will be posted close to the phone).
- If the person that is to relieve you does not show up and you cannot stay on for an extra hour, immediately call the **SUBSTITUTE** Coordinator for a “substitute adorer” to relieve you.
- If you cannot reach any of the Substitute Coordinators then call your **DIVISION** Leader.
- If you cannot reach your Division Leader then call the **HEAD** Coordinator.
- If an emergency of a serious nature arises ... call the appropriate emergency numbers that will be posted close to the phone – Police, Fire Department, PG&E, OLMC Maintenance, etc.
- Please do not hesitate to call any of the **COORDINATORS** - hopefully, you will not require our assistance but we are available to you should you need us.
- The phone provided in the chapel is for **EMERGENCY** use **ONLY!** (Phone is located in kitchen).

Dear Adorers of Christ,

Infinite thanks for responding to the Lord's call to worship **HIM** day and night! We find in the book of Revelation 22:20 the only reason to **ADORE HIM** in the first place when we cry out to Him - "Amen, Come Lord Jesus!" We are, in fact, asking Jesus to be **PRESENT** to us personally and intimately - body and blood, soul and divinity! No distant **GOD** is **HE!** Whatever our personal and communal needs or requests are - Jesus is there for our personal worship and adoration of the **ONE** who loves us most unconditionally. Therefore, **WELCOME JESUS** with your whole heart, soul and spirit "for Jesus gives **HIMSELF** to us and we, as Adorers, respond by giving of ourselves to **HIM.**" (Pope Benedict XVI)

To **ADORE** the **BLESSED SACRAMENT** means "to worship, hallow, honor, respect, reverence, venerate, and pray to the living presence of the Lord Jesus reserved in the Blessed Sacrament of the Altar!" (Pope John Paul II). It also means "to be devout, zealous, consecrated and **FREE** in regard to His Eucharistic Presence!" (Fr. William Storey, SJ). Furthermore, Jesus will show us the way by His grace and to gather our forces of mind, soul and spirit and so - Jesus will tell us how to enjoy and utilize our precious minutes and hours before His Holy Presence! It will be a magnanimous **PRIVILEGE** to be an Adorer of **JESUS** who is **THE WAY, THE TRUTH AND THE LIFE OF THE WORLD!** I believe that Saint Augustine underscored this well when he said: "Apart from Jesus, **THE WAY**, there is no real going, apart from Jesus, **THE TRUTH**, there is no real knowing, and apart from Jesus, **THE LIFE**, there is no real living!" (Confessions)

May Jesus who is ever present to us, bless (+) you, protect you, and may Our Lady of Mt. Carmel, under Her Mantle of **LOVE**, draw you ever closer to Her Son, Jesus Christ! Most importantly, may you fall deeply in love with **HIM** by adoring His Real Presence in the Holy Sacrament of the Altar! Let us begin this enormous task of Adoring the Lord by praying together - "Amen! Come, Lord **JESUS!**"

Pax et bonum,

Fr. David Fontaine, O.Carm.

General Information For Each Assigned Adorer

1. Your commitment to adore is a blessing from the Lord.
2. Each time you adore you “**MUST**” sign-in !! It is important that each hour be covered by at least ONE adorer. The Blessed Sacrament must **NEVER** be left alone. (**YOU** are the committed Adorer and Guardian of the Eucharist at **YOUR** hour.)
3. The procedure to follow when you cannot make it to the chapel at *your* assigned time:
 - a) Contact the people who are assigned to adore at the same hour you are. (Let them know you will not be there.)
 - b) If this fails you should try to get a substitute – call the **SUBSTITUTE** Coordinator(s) listed in this packet.
 - c) If you cannot get a substitute adorer you should contact your **DIVISION LEADER**.
 - d) If you are not successful with a, b, or c, contact the **HEAD Coordinator**.

Please note: **PREPARE** for **YOUR OBLIGATION** to always be in the chapel at your assigned time! Should you suddenly be taken ill or called away for an unforeseen emergency **PLEASE** make every effort to find a substitute adorer as **the Blessed Sacrament can NEVER be left unattended!**
4. Become familiar with the Adorers who adore at your hour on the other days of the week. You may find it necessary to switch days for some important reason during the year. You should be able to depend upon each other because of your *valuable commitment* to the Lord.
5. Read ! Read ! Read ! Increase your spiritual reading. Pray ! Pray ! Pray for:
 - The Pope, the Church
 - Our Priests and Vocations
 - The Family and the Right to Life
 - Our Country and Our Leaders
 - And that which weighs heavily on your heart.
6. Encourage others to sign-up for adoration ... even to become occasional adorers.
7. Write your petitions to the Lord in our “Petition” book.
8. Write your testimonial of favors and gifts received in our “Testimonial of Favors” book. (Every now and then a testimonial may be published. You never need to sign your name.)

Guidelines For Chapel Conduct

You are in the presence of the Lord ! Respect for Our Lord is displayed in the following ways:

1. Genuflect or bow upon entering and exiting the presence of the Lord.
2. Be mindful of proper, *respectful attire* (i.e. no shorts, no bare shoulders, men’s hats to be taken off, etc.).
3. No talking, maintain an austere reverence in the presence of Our Lord. If you need to talk to someone in the chapel, leave the chapel and hold your conversation outside. While in the chapel encourage silence at all times!
4. No spontaneous unscheduled events or sermonizing is allowed. Adoration is a peaceful, private time for each adorer.
5. No food, drink or gum is allowed in the chapel. If you need to drink or eat for medical reasons please do so in the kitchen area – located in the next room to the chapel. *Please keep noise level down when in the kitchen!*
6. Electronic gadgets including cell phone usage are **NOT** allowed in the chapel ! Turn off your cell phone or put in silent mode **BEFORE** entering!

Rules For Chapel Conduct

The following Chapel Rules are to be observed by all adorers:

1. Please remember to **SIGN-IN** for your hour of adoration **at the beginning** of your assigned hour. That way the person before you will know that you are in the chapel and they are now at liberty to leave.
2. **Check** the sign-in sheet **BEFORE YOU LEAVE** the chapel to make sure the person who is scheduled for the next hour is in the chapel before you leave! If the person after your hour *does not* show up and **you choose** to be the substitute for the next hour, sign your name on the sign-in sheet and **put the word “substitute” after your name**. This will let the Head Coordinator know an unscheduled absence took place.
3. Nothing is to be placed on the altar of repose.
4. Spiritual reading material provided is never to be removed from the chapel. Personal copies may be obtained by contacting the Chapel Librarian.
5. No material of any kind is to be placed in the chapel unless authorized by the Head Coordinator.
6. The chapel telephone (located in the kitchen area) is for “**Emergency Use Only.**”
7. **PARKING:** Committed Adorers are encouraged to park on the chapel’s driveway or nearby street parking. Additional parking is also available across the street at the main church’s parking lot.
8. Chapel doors are locked between the hours of 8 P.M. to 6 A.M. **DAILY!** Occasional / unscheduled adorers may knock for entrance to the chapel. For your safety and security, **ALL adorers SHOULD use COMMON SENSE at all times!**
9. *St. Thérèse of Lisieux Chapel* is **CLOSED** for adoration **DURING** The Easter Triduum.